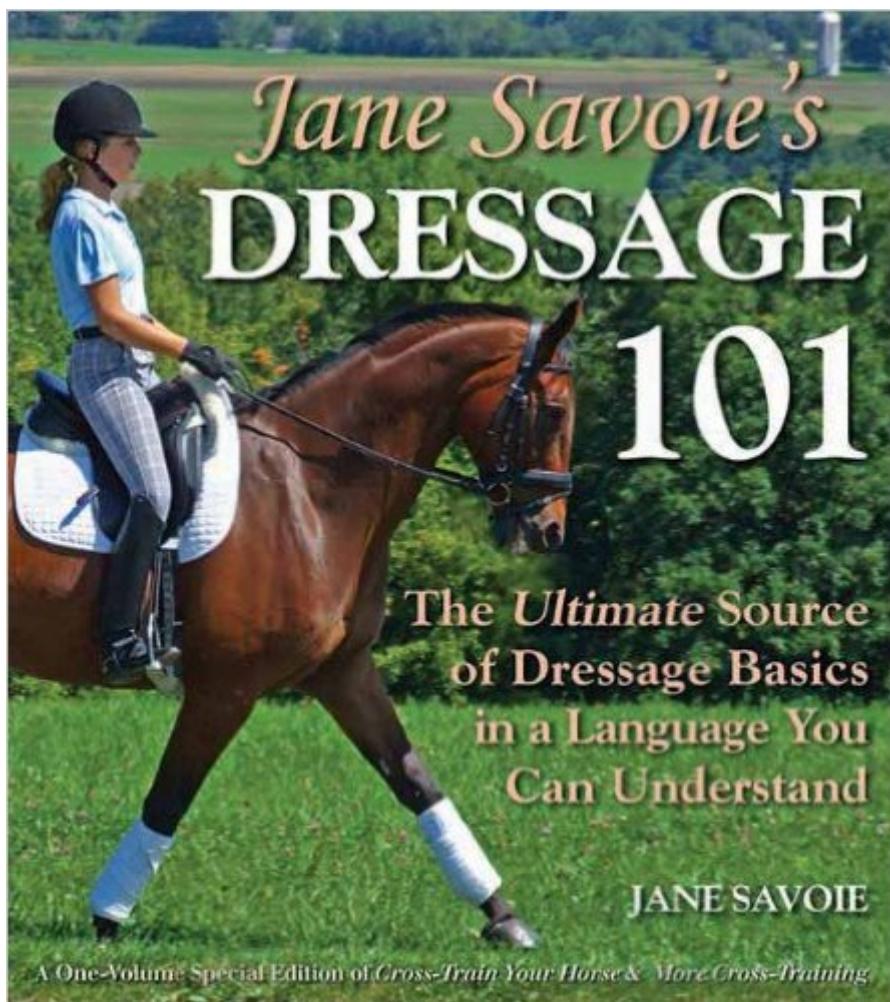


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# Jane Savoie's Dressage 101: The Ultimate Source Of Dressage Basics In A Language You Can Understand



## Synopsis

"First published in two volumes: Cross-train your horse and More cross-training in 1998"--T.p. verso.

## Book Information

Paperback: 453 pages

Publisher: Trafalgar Square Books; Reprint edition (April 1, 2011)

Language: English

ISBN-10: 1570764808

ISBN-13: 978-1570764806

Product Dimensions: 7.8 x 1 x 9.1 inches

Shipping Weight: 2.8 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ  See all reviewsÂ  (60 customer reviews)

Best Sellers Rank: #51,951 in Books (See Top 100 in Books) #36 inÂ  Books > Sports & Outdoors > Individual Sports > Horses > Equestrian #36 inÂ  Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding

## Customer Reviews

Purchased this book because I have seen Jane Savoie videos and think she really explains things well. The book does not disappoint. I have been training in dressage for a couple of years and need as much help as I can get mastering this difficult discipline. The book is such a great addition to my lessons! Jane has a way of presenting the material in a clear, concise way and she is good at using visualizations which I find very helpful. I would definitely recommend this book to both beginners and more advanced riders ~ everyone can benefit from improving the basics.

I am new to dressage and have read many books on the subject, most which seem to complex. This book is straight forward. It is easy to understand, progressively building upon principles and exercises. The pictures are helpful and explanation of aids is easy to understand and apply. This book may be too basic for someone already familiar with dressage, but would be a good outline for the experienced dressage person to use to brush up on technique or work a new horse through the levels.

This is a great book for someone who is interested in understanding the goals of dressage in order to practice clear communication with their horse. It would also be more than adequate for someone with intentions of competing in dressage as a means of visualizing and understanding what the

various maneuvers look like when properly performed. I found the illustrations easier to comprehend than watching someone riding and demonstrating the maneuvers because I was only able to visually capture the larger movements, not the subtleties that are so important. I bought the book as an adjunct to riding instruction, and found it to most helpful. Thank you to Jane Savoie for taking the time to make a highly complex pursuit understandable to an intermediate rider that was in need of additional information.

I have read most of Jane Savoie's books, own several of her DVD's and she is by far my favorite dressage expert. This book is a must read for anyone trying to make sense out of a very complicated discipline. I have been studying dressage for almost five years now, and have read many many books. After reading this one, for the first time I can grasp the concept of "riding a horse back to front". I only wish I'd picked up this book first.

This book is exactly what I needed! Jane Savoie really breaks things down so that a beginning dressage student or even a seasoned veteran can fully utilize her training expertise and guidance. Everything in this book is presented in a logical manner with clear instructions and illustrations/pictures. I have yet to come across anyone who has been able to break things down for me the way Ms. Savoie has! I've even gone on to purchase her training videos, "Riding in Your Mind's Eye" and "The Half Halt - Demystified", paired with her Dressage 101 book they are the greatest tools to help break down what I need to do, and how I need to do it. They have even helped me better understand my instructor and what she wants of me and horse! I've read other dressage books, and while they are good too, Ms. Savoie's Dressage 101 is the best and needs to be a part of your dressage and/or eventing library! I highly recommend this training book! Other books that go well with this one are:- The USDF Guide to Dressage by Jennifer Bryant- 50 5-Minute Fixes to Improve Your Riding by Wendy Murdoch Other dressage reads to consider:- Dressage Unscrambled by Bill Woods (not a "training" book or "how to" book but a fun dressage read!)- Dressage Formula by Erik Herbermann (a bit on the advanced/theory side, and a heavier read, but great book to understand dressage concepts)

With the caveat: this book is intended, and it should be intended, for riders who already have all the necessary skills to trot and canter smoothly. The presentation is left-brained, with great step-by-step explanations. And in Jane Savoie, we get our own personal Olympic level coach, who motivates and encourages us to discipline our spirits and attitudes as well as our bodies.

This is an awesome compilation of material from Jane Savoie in an easy-to-read and understand format. The photographs and diagrams are SO helpful to understanding the content. I've already recommended this book to several beginners and have also recommended to seasoned riders as a refresher/reference book.

Wonderful book!!! Very complited, lots of details and pictures! Very easy to understand. I have been waiting for a while for that type of book! Jane Savoie is the best!

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